



44th Journée des Jeunes Espoirs

Saturday & Sunday, 22nd & 23rd October 2022 in Ettelbruck

Saturday session 1: KIDS & YOUNGSTERS						
Warm up: 8h30 - 9h50						
Start of session: 10h00						
		2010	2011	2012	2013	2014 & younger
01	200 m Freestyle W	X	X	X	X	
02	200 m Freestyle M	X	X	X	X	
03	100 m Freestyle W	X	X	X	X	
04	100 m Freestyle M	X	X	X	X	
05	50 m Backstroke W & M					X
06	50 m Backstroke W	X	X	X	X	
07	50 m Backstroke M	X	X	X	X	
08	200 m Breaststroke W	X	X	X	X	
09	200 m Breaststroke M	X	X	X	X	
10	100 m Breaststroke W	X	X	X	X	
11	100 m Breaststroke M	X	X	X	X	
12	50 m Breaststroke W & M					X
13	100 m Butterfly W	X	X	X	X	
14	100 m Butterfly M	X	X	X	X	
15	50 m Butterfly W	X	X	X	X	
16	50 m Butterfly M	X	X	X	X	
17	50 m Freestyle W & M					X

After event 17: Lunch break & medal ceremonies KIDS & YOUNGSTERS

Saturday session 2: YOUNGSTERS						
Warm-up starts 30 min after end of session 1						
Start of session: 1h30 after end of session 1						
		2010	2011	2012	2013	
18	50 m Breaststroke W	X	X	X	X	
19	50 m Breaststroke M	X	X	X	X	
20	200 m Backstroke W	X	X	X	X	
21	200 m Backstroke M	X	X	X	X	
22	100 m Backstroke W	X	X	X	X	
23	100 m Backstroke M	X	X	X	X	
24	50 m Freestyle W	X	X	X	X	
25	50 m Freestyle M	X	X	X	X	
26	200 m Ind Medley W	X	X	X	X	
27	200 m Ind Medley M	X	X	X	X	
28	100 m Ind Medley W	X	X	X	X	
29	100 m Ind Medley M	X	X	X	X	

After event 29: Medal ceremonies YOUNGSTERS



Garage Pepin
Ingeldorf

Sunday session 3: TEENAGERS & OLDIES			
Warm up: 8h30 – 9h50			
Start of session: 10h00			
		2008-2009	2007 & older
30	100 m Freestyle W	X	X
31	100 m Freestyle M	X	X
32	200 m Ind Medley W	X	X
33	200 m Ind Medley M	X	X
34	100 m Backstroke W	X	X
35	100 m Backstroke M	X	X
36	200 m Breaststroke W	X	X
37	200 m Breaststroke M	X	X
38	100 m Butterfly W	X	X
39	100 m Butterfly M	X	X
40	400 m Ind Medley W	X	X
41	400 m Ind Medley M	X	X
42	400 m Freestyle W	X	X
43	400 m Freestyle M	X	X

After event 43: Lunch break & medal ceremonies TEENAGERS

Sunday session 4: TEENAGERS & OLDIES			
Warm-up starts 30 min after end of session 3			
Start of session: 1h30 after end of session 3			
		2008-2009	2007 & older
44	200 m Freestyle W	X	X
45	200 m Freestyle M	X	X
46	100 m Breaststroke W	X	X
47	100 m Breaststroke M	X	X
48	200 m Butterfly W	X	X
49	200 m Butterfly M	X	X
50	100 m Ind Medley W	X	X
51	100 m Ind Medley M	X	X
52	200 m Backstroke W	X	X
53	200 m Backstroke M	X	X
54	50 m Freestyle W	X	X
55	50 m Freestyle M	X	X
56	4 x 200 m Freestyle W	OPEN	
57	4 x 200 m Freestyle M	OPEN	

After event 57: Medal ceremonies TEENAGERS & prize ceremonies OLDIES