



Event 42  
2021/10/24 - 12:42

Women, 400m Freestyle

2008 and older  
Results

Points: FINA 2021

Rank			YB							Time	Pts	
<b>YOB 2007 - 2008</b>												
1.	BLESES, Joyce		08	Swimming Club Le Dauphin Ett						<b>4:59.40</b>	476	
	50m:	33.36	33.36	150m:	1:48.85	38.20	250m:	3:06.34	38.70	350m:	4:22.97	37.54
	100m:	1:10.65	37.29	200m:	2:27.64	38.79	300m:	3:45.43	39.09	400m:	4:59.40	36.43
2.	TINTI, Sarah Maria		08	Aquakids						<b>5:00.28</b>	472	
	50m:	34.55	34.55	150m:	1:50.27	38.36	250m:	3:07.23	38.45	350m:	4:24.16	38.32
	100m:	1:11.91	37.36	200m:	2:28.78	38.51	300m:	3:45.84	38.61	400m:	5:00.28	36.12
3.	BOULANGER, Lucie		08	Cercle Royal de Natation Arlonais						<b>5:24.03</b>	376	
	50m:	36.43	36.43	150m:	1:55.71	39.84	250m:	3:18.59	42.22	350m:	4:43.15	41.20
	100m:	1:15.87	39.44	200m:	2:36.37	40.66	300m:	4:01.95	43.36	400m:	5:24.03	40.88
4.	HEILIGER, Lilly		08	Swimming Luxembourg						<b>5:49.14</b>	300	
	50m:	39.64	39.64	150m:	2:07.53	43.44	250m:	3:36.87	45.17	350m:	5:07.69	45.61
	100m:	1:24.09	44.45	200m:	2:51.70	44.17	300m:	4:22.08	45.21	400m:	5:49.14	41.45
5.	DONDELINGER, Elisa		08	Swimming Luxembourg						<b>5:50.64</b>	296	
	50m:	37.67	37.67	150m:	2:04.82	44.63	250m:	3:34.81	44.52	350m:	5:04.50	46.45
	100m:	1:20.19	42.52	200m:	2:50.29	45.47	300m:	4:18.05	43.24	400m:	5:50.64	46.14
6.	BOUWMEISTER, Annebelle		08	Swimming Luxembourg						<b>5:50.67</b>	296	
	50m:	37.63	37.63	150m:	2:05.94	45.15	250m:	3:38.03	46.46	350m:	5:08.36	44.03
	100m:	1:20.79	43.16	200m:	2:51.57	45.63	300m:	4:24.33	46.30	400m:	5:50.67	42.31
7.	SHEHATA, Sama		08	Swimming Luxembourg						<b>6:19.69</b>	233	
	50m:	41.85	41.85	150m:	2:16.39	48.05	250m:	3:51.25	46.63	350m:	5:34.25	51.29
	100m:	1:28.34	46.49	200m:	3:04.62	48.23	300m:	4:42.96	51.71	400m:	6:19.69	45.44
WDR	BARANCZYK, Maya		07	Swimming Luxembourg								
<b>2006 and older</b>												
1.	JOMINET, Lou		05	Swimming Luxembourg						<b>4:26.67</b>	674	
	50m:	30.46	30.46	150m:	1:37.69	33.84	250m:	2:45.71	33.99	350m:	3:54.10	34.29
	100m:	1:03.85	33.39	200m:	2:11.72	34.03	300m:	3:19.81	34.10	400m:	4:26.67	32.57
2.	HAHN, Lucie		06	SG Rhein-Mosel						<b>5:01.43</b>	467	
	50m:	32.35	32.35	150m:	1:45.56	37.76	250m:	3:03.71	39.49	350m:	4:23.46	40.00
	100m:	1:07.80	35.45	200m:	2:24.22	38.66	300m:	3:43.46	39.75	400m:	5:01.43	37.97
3.	RAHMAN, Nadia		05	Aquakids						<b>5:04.92</b>	451	
	50m:	33.71	33.71	150m:	1:49.81	38.64	250m:	3:07.79	39.01	350m:	4:27.35	39.65
	100m:	1:11.17	37.46	200m:	2:28.78	38.97	300m:	3:47.70	39.91	400m:	5:04.92	37.57
4.	FRIPPIAT, Lory		01	Cercle Royal de Natation Arlonais						<b>5:10.77</b>	426	
	50m:	33.52	33.52	150m:	1:49.51	38.86	250m:	3:09.31	40.25	350m:	4:30.92	40.88
	100m:	1:10.65	37.13	200m:	2:29.06	39.55	300m:	3:50.04	40.73	400m:	5:10.77	39.85
5.	ERNENS, Chloe		05	Schwammclub Deifferdang						<b>5:31.71</b>	350	
	50m:	37.25	37.25	150m:	1:59.69	41.58	250m:	3:24.54	42.58	350m:	4:49.72	42.30
	100m:	1:18.11	40.86	200m:	2:41.96	42.27	300m:	4:07.42	42.88	400m:	5:31.71	41.99
6.	BERTRANG, Marina		05	Schwammclub Monnerech						<b>5:55.39</b>	285	
	50m:	37.37	37.37	150m:	2:05.82	45.01	250m:	3:38.89	46.55	350m:	5:12.32	46.89
	100m:	1:20.81	43.44	200m:	2:52.34	46.52	300m:	4:25.43	46.54	400m:	5:55.39	43.07
7.	VICENTE SANZ, Emma		06	Swimming Luxembourg						<b>6:07.64</b>	257	
	50m:	39.68	39.68	150m:	2:10.97	47.12	250m:	3:45.87	47.91	350m:	5:21.82	48.02
	100m:	1:23.85	44.17	200m:	2:57.96	46.99	300m:	4:33.80	47.93	400m:	6:07.64	45.82



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8.	HIM, Julia								05	Schwammclub Monnerech								<b>6:07.65</b>	257
	50m:	37.85	37.85	150m:	2:06.34	45.48	250m:	3:41.81	48.22	350m:	5:19.49	49.07							
	100m:	1:20.86	43.01	200m:	2:53.59	47.25	300m:	4:30.42	48.61	400m:	6:07.65	48.16							